

SMRCS

Marathon Residential and Counseling Services, Inc.

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Monthly E-mail Newsletter

July, 2015

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Hi everyone,

My name is **Nicole Washburn**, but I may also go by Nikki. I was born and raised in Wausau. I'm a single mother of two children, a daughter that is 13, and a son that is 5. Prior to working at MRCS I worked in assisted living for about two years. I graduated from Rasmussen College about a year ago with my associate's degree in Medical Assisting. I always had a passion to work in the medical field and like making a difference in people's lives.

In my free time I like to spend time with my family and friends, watch movies, go to concerts, swim, go on rides in amusement parks, travel, especially to warm places. I just love the ocean. My favorite time of the year is summer. I love being outside and enjoying the warm weather.



7th Street Suite News

Kevin and Mike S. went on two fishing trips during the month with staff. On one occasion, they went fishing at Chuck's Boat Landing in Mosinee. It was a beautiful day and as Kevin predicted, he was not skunked at Chuck's. He caught a large carp at his favorite fishing spot. Kevin and Mike S hiked around on the trails and tried to rescue a stuck lure below the dam.

Mike lost his lure but was delighted to find three more washed up on shore. It was a lot of fun exploring and finding new spots to try out for catching fish.

Crystal, Katie, Shawn and Chris went to Raptor in the Garden at the Monk Garden. The group enjoyed getting their cards stamped at eight stations, planting sunflowers and participating in the Migratory Obstacle Course. Crystal reported that her favorite part of the trip was visiting the 89.5 radio station tent. Katie reported her favorite thing was seeing the owl. Shawn reported that his favorite thing to do was the obstacle course.

The races are up and running at State Park Speedway and 7th Street Suites looks forward to the races every time. **Kevin, Shawn, and Crystal** have enjoyed the races. The 400 Block started their weekly concerts. **Terra and Crystal** have enjoyed a few concerts and look forward to more this summer.

Everyone at 7th Street Suites continues to work hard in the workplace as well as at home. **Kevin** has been working with Ken the Maintenance Man throughout the month. He is sanding the back porch at Hamilton House and is planning on painting it. He also has been doing lots of yard work including mowing, weed whacking, and raking. Kevin is also back to volunteering at Stable Hands (a local horse farm) once weekly.

Another person started a new job at a local hotel. He is working part time cleaning rooms. He reports he likes his new job and plans on applying for full time hours. He was very proud one day when he came home with some extra cash in his pockets from tips for cleaning rooms.

Terra continues to work at a local hotel. She is doing well with cleaning rooms and working for banquets. Terra picked up several extra hours and shifts during the month. **Katie** started a new part time job working with the elderly. She completed her training and has had a few shifts. Katie stated the job is a lot harder than expected but she is enjoying the challenges she faces each day. She also continues to volunteer at the Boys and Girls Club.

Family is very important to our clients and staff encourage healthy, strong relationships. **Matt and his mother** grilled out steaks on one occasion during the month at Matt's apartment. **Mike P** enjoyed several family visits during the month including spending a few weekends at his mom's house and going hiking and to the YMCA with his dad. **Katie** enjoyed visiting with her mom, her dog, and her new puppies on a few occasions during the month. **Crystal** enjoyed weekly visits with her mom and they often enjoyed a meal together. **Shawn** went on a few family visits during the month. **Mike S** went and visited his sister for a night to see her new car.

Father's Day was celebrated this month. **Mike P** attended a picnic for his dad with his family and enjoyed the time outside. Another client was able to go shopping and out for dinner with his mom and step-father. **Kevin** called his dad and wished him a Happy Father's Day. **Shawn** also wished his dad a Happy Father's Day and is looking forward to spending the weekend with his dad at the annual Iola Car Show.





A few activities that **Tammy** enjoyed through the **supportive home care program** included walks at local parks such as Marathon Park, window shopping at the mall and other stores, going out for lunch at Stir Fry, and visiting the library to read books with staff and work on pages in her work book. She also enjoyed going to the 400 Block to see the Soda Pop Pups. Tammy celebrated her birthday. She enjoyed going shopping with staff with her birthday money. **Tammy and Karen** also went out for ice cream and enjoyed a turtle sundae.

Special Olympics News

Crystal went to the State tournament in Stevens Point. Before leaving she participated in a parade to kick off the annual police torch run on the 400 Block in downtown Wausau along with **Justin**. At the tournament Crystal participated in a 100 yard race and the 400 meter walk for Wausau Metro. She placed 4th in the 100 yard race. After all the state games, she joined all the other athletes at the annual dance and celebration at UW Stevens Point.

Special Olympics Flag Football started up in June. **Crystal and Mike P** are participating. Special Olympics Bocce Ball practice continued during the month. **Crystal and Tammy** participated in this. Crystal and Tammy attended their first tournament. Crystal's team placed first.



Hamilton House News

Hamilton House is pleased to **welcome Chris**, who has now come to live at Hamilton House. He is settling in and getting to know everyone. He is also getting involved in activities such as cookouts, going to the YMCA, and bowling. Once again, welcome Chris and we look forward to getting to know you.

Hamilton House sure seems to have a **bunch of movie buffs**. This month the movies seen were San Andreas, The Hobbit, and the new Jurassic Park movie. **Val, Jeff, and Sean** don't care if the movie is in theaters or on the big screen at home, they enjoy watching any movie anytime. Val was not a fan of San Andreas because she felt it was too sad, but we won't give anything away there. The favorite was Jurassic Park. Hamilton's crew agrees it is a **MUST SEE!!!**





With the nice weather coming and going this month a movie is a nice back up plan, but on those warm summer days it's nice to be able to cool off with some Dairy Queen or Cherry Berry ice cream. **Val and Jeff** know how to pick their ice cream places!

Also with the nice weather it's great to get outside. **Val, Sean, and Jeff** went with Reynolds Place and Prospect Place to Memorial Park to play some baseball. Everyone played their best to try and hit a home run. It was a hot day and you could see everyone giving it their all!



Did I hear someone say **car show?** **Val and Jeff** both headed out to the local car shows this month. Dale's Weston Lanes had one at the beginning of June and then over Father's day weekend another one hit the 400 Block. Those little hot rods were restored and looking mighty fancy. Jeff made sure he inspected each vehicle carefully so he could go home and dream about his favorite one.

Reynolds Place News

We said goodbye to Nic this month. He gave a big thank you to the staff at MRCS. He said he learned a lot and plans to use what he learned while living on his own. We all wish him the best.



With the departing of one person, we now welcome **someone new to Reynolds Place this month. His name is Aaron.** Aaron has just graduated from Wausau East. He loves to play baseball. Aaron has been fitting in with his housemates here and already knew Curtus from school. Aaron really enjoys art. He has shown staff several of his drawings and dare we say it, we may have a new Picasso on our



hands. Aaron is very excited to be getting into Special Olympics and is currently starting out in the flag football season. We are so glad to have you Aaron and welcome to Reynolds Place!

Todd, Curtus, and Zach from Reynolds, Jeff from Hamilton, Shawn and Crystal from 7th Street, and Justin from Prospect went to the Golden K picnic held at Marathon Park. This picnic is put on by the Kiwanis Club with a theme of a "Special Event for Special People". There were games to play, prizes to win, music to dance to, food to eat, and it all ended with a few good rounds of BINGO. Everyone said they had a good time and plenty to eat. They are looking forward to it all happening again next year. A big thank you to the Kiwanis Club.



Since we have seen some nicer weather this month a group decided to test out their fishing skills. **Todd, Curtus, Zach,** and some of the people from Prospect Place headed to Memorial Park to go fishing. It was a slow day and no one had any bites. Since everyone was getting antsy and sick of sitting we decided to get in a game of catch with the football going and also a game of Frisbee. Everyone enjoyed themselves and laughed as the wind would carry the Frisbee away and almost into the water.

The waterski shows started up this month at DC Everest Park. This year's theme is Road Trips around the US. **Todd, Curtus, and Aaron** have been enjoying the show on Sunday evenings. I think the ending pyramid is everyone's favorite. Those girls on the top have to be pretty brave to stand up so high above the water, while moving!!!



Since it is America's favorite past time, we know the men at Reynolds are big into baseball! Aaron, Todd, and Curtus headed out with the crew from Hamilton and Prospect and started a game of baseball. Everyone enjoyed seeing who could hit the farthest. **Brandi and Brandon** got up to bat too, and let's just say, they should stick to what they know and leave baseball to the pros.

Bocce has been underway this month and **Todd** had his first tournament. It was delayed a bit due to the rain. It never seems to fail that during a Special Olympics Bocce tournament, it rains, but that didn't stop Todd. The games may have been delayed, but everyone enjoyed playing BINGO while they waited out the rain. Once the rain stopped, Todd went into full Bocce mode and his team took 4th place! This was Todd's first year trying Bocce out and I think it's safe to say that he plans to stick with it next year!

The races still seem to be a big event again this month. Todd continues to go cheer on the cars at State Park Speedway every chance he gets!

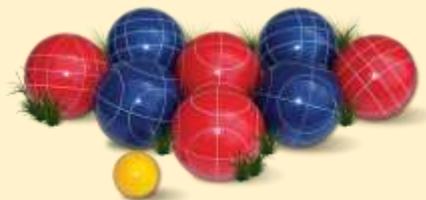
Over **Father's Day weekend** there were tons of activities going on. The men took advantage and road tripped to Rhinelander to watch the Lumberjack competitions. Unfortunately when they got there, everything was just ending and starting to get cleaned up. The men didn't let that get them down, they made the best of their trip and decided to take backroads home and stop to explore different places they have never been. After they arrived back to town, they went to the 400 Block and looked at all the restored cars at the car show.

Concerts on the Square kicked off this month. **Todd and Aaron** enjoyed hanging out and listening to the music. Aaron ran into so many of his old high school friends that it was like a class reunion! The YMCA has become popular once again at Reynolds. **Zach, Curtus, Todd, and Aaron** have been enjoying their time using the pool. They have been playing water basketball and enjoy the challenge of trying to jump as high as they can while in the water. They have also been practicing their diving skills and diving for rings and see who gets the most on one breathe.

Prospect Place News

June is the month for cook outs, swimming, fishing, and so much more! Who else can't wait to see what this summer has in store for us?!

Heather, Lee, and Justin have been practicing for bocce ball this month, and they have never been better. Heather has participated in the first bocce ball tournament of the season. Her team has played hard and came up with a solid 3rd place finish! Lee was excited for the first bocce ball tournament of the season and his team has taken 2nd place! Justin and his team has celebrated their 4th place win at the first bocce ball tournament of the season! Keep up the good work everyone! Justin, Lee, and Heather have also started flag football practice this month. We cannot wait to see what this football season has in store for us! Are you ready for some football?!



Everyone at Prospect Place has taken advantage of the warm summer weather. **Rachel** has sat back and relaxed with a book while tanning in the sun at the park. **Lee, Justin, and Heather** have enjoyed some fishing and hanging out with their peers. All of the MRCS houses got together and enjoyed a fun game of baseball! **Heather, Lee, Rachel and Justin** went and enjoyed the Oak Island Summer Kick off this month. **Heather** even got a snowflake tattoo on her leg. Lookin' good! Everyone enjoyed the fireworks and the fair food smell. Lee and Justin are the big winners of this event. They suited up and went head to head in **Sumo outfits!**

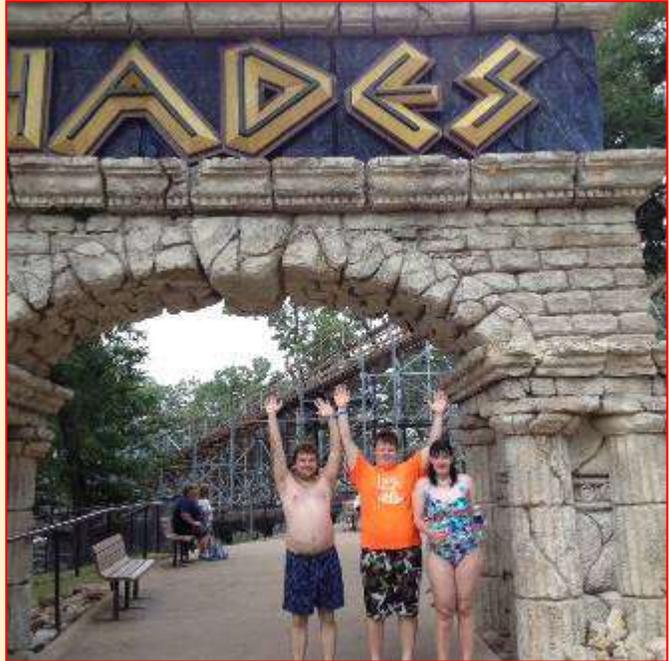


Jeff from Hamilton House, Rachel, and Justin got a blast from the past this month!

They went to Dale's Weston Lanes and looked at all the awesome old cars. Rachel's favorite car was sea foam green! (Great color choice Rachel) and Justin's favorite was, of course, an old blue Ford. When Jeff was asked what his favorite was he smiled with a thumbs up and said "all of them!"



Lee, Rachel, and Justin went to soak up the sun this month at Mount Olympus Water Park in Wisconsin Dells. **Lee** spent his time at the wave pool chillin' and splashing around. **Rachel** soaked up some rays and even got up the courage to ride some water slides with staff! What a dare devil! **Justin** hung out in the wave pool and even got to play some volley ball with his house mates and staff. Wisconsin Dells is the place to be!



Happy 4th of July Everyone!

Vacancy Announcements

Please call Sue (715-551-8568) or Pam (715-432-2818) to discuss your placement and supportive home care needs. Additional information regarding our programs is available on our website or by brochure upon request.
www.mrcs.us

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